

# Nevada Chapter AAP

Fall 2017



## Letter from the President

Dear colleagues,

Welcome to the fall edition of our chapter newsletter! It's been an exciting summer of advocacy and activities for our chapter. For updates on our latest activities and projects, please visit our webpage and follow/like us on Facebook.

A huge thank you to each and every one of you for your advocacy efforts over the past few months to protect children's access to care. Every call, every email, every meeting added up. Our senators heard us loud and clear! After the showdown on Capitol Hill, the ACA still stands but there is much work to be done in improving health care. Our chapter is ready to continue the discussion with our legislators on children's health needs in our state.

Thank you to everyone who came out to celebrate the first anniversary of Walk with a Doc: Kids Time. We had a great turnout at Mt Charleston. Our WWAD walks are still going strong on the 2<sup>nd</sup> Sunday of each month at the beautiful Springs Preserve.

We are also sponsoring a table at 2 community outreach events to promote healthy lifestyles for children: Get Outdoors Nevada Day and Step Up for Kids. Details on the sidebar. Come by and say hi! There will be fun activities and prizes for kids.

Please join us for our 10<sup>th</sup> annual meeting on Saturday, November 4<sup>th</sup> at the M Resort! We have amazing speakers and exciting exhibitors lined up. More details on page 2! We hope to see you there!

As always, if you have any ideas for advocacy or projects, please let us know. Your chapter is here to support you! Thank you for your commitment to caring for Nevada's children.

Sincerely,

Betsy

## Upcoming Events

**Sunday, September 10, 8:30-9:30 AM (2<sup>nd</sup> Sunday of every month)**

Walk with a Doc: Kids Time

Location: Springs Preserve, Las Vegas

**Monday, September 25, 3-7 PM**

Step Up for Kids

Location: Springs Preserve, Las Vegas

**Saturday, October 7, 9 AM to 2 PM**

Get Outdoors Nevada Day

Location: Cornerstone Park, Henderson

**Saturday, November 4, 2017**

Nevada Chapter AAP Annual Meeting

Location: M Resort, Henderson

## News from the Chapter

### Nevada Chapter 10<sup>th</sup> Annual Meeting

Join us for our 10<sup>th</sup> annual meeting on Saturday, November 4<sup>th</sup> at the M Resort in Henderson! Our renowned speakers come from across the state and from around the country. The itinerary includes:

“From the Clinic to the Capitol: Speaking up for Children through Advocacy” – Tamar Margarik Haro

“Beyond the ANA: Pre-referral Workup for Kids with Suspected Rheumatologic Conditions” – Dr. Robert Lowe

“The Role of Humor in Promoting Health and Happiness” – Dr. Peggy Dupey

“The Skinny of Eating Disorders: Early Diagnosis in Primary Care Settings” – Dr. Karen Browner-Elhanan

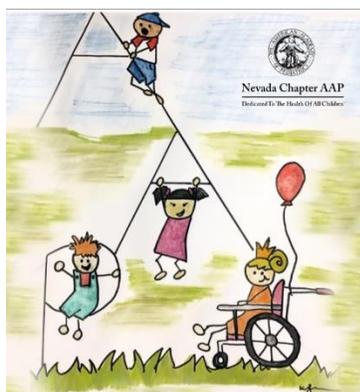
“History and Updates in Pediatric Trauma” – Dr. Kristina Deeter

“Principles of Quality Improvement and MOC – Discussing the Hub and Spoke Multistate HPV Quality Improvement Project” – Dr. Oriaku Kas-Osoka and Dr. Kami Larsen

“Mild to Moderate Atopic Dermatitis: Pathogenesis and Therapeutic Strategies for Improved Outcomes” – Dr. Mark Boguniewicz

There will be 7 CME credits available. We have exciting exhibitors lined up. There is also a raffle drawing at the end of the conference.

New for this year, we have early bird pricing. Register today to secure your spot for this fun and informative conference. For more information and to download the brochure and registration form, please visit our webpage: <http://nevadaaap.org/events>.



### Useful Websites

#### Nevada Chapter AAP

[www.nevadaaap.org/](http://www.nevadaaap.org/)

[www.facebook.com/  
NevadaChapterAAP](https://www.facebook.com/NevadaChapterAAP)

#### American Academy of Pediatrics

[www.aap.org](http://www.aap.org)

#### HealthyChildren.org

[www.healthychildren.org](http://www.healthychildren.org)

### Chapter Officers

**President – Betsy Huang**

**VP – Pam Greenspon**

**Secretary/Treasurer –  
Rebecca Ching**

**Executive Director – Roberta  
Again**

**Immediate Past President -  
Kami Larsen**

## AAP Policy Corner

### Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents

Abstract:

These pediatric hypertension guidelines are an update to the 2004 "Fourth Report on the Diagnosis, Evaluation, and Treatment of High Blood Pressure in Children and Adolescents." Significant changes in these guidelines include (1) the replacement of the term "prehypertension" with the term "elevated blood pressure," (2) new normative pediatric blood pressure (BP) tables based on normal-weight children, (3) a simplified screening table for identifying BPs needing further evaluation, (4) a simplified BP classification in adolescents  $\geq 13$  years of age that aligns with the forthcoming American Heart Association and American College of Cardiology adult BP guidelines, (5) a more limited recommendation to perform screening BP measurements only at preventive care visits, (6) streamlined recommendations on the initial evaluation and management of abnormal BPs, (7) an expanded role for ambulatory BP monitoring in the diagnosis and management of pediatric hypertension, and (8) revised recommendations on when to perform echocardiography in the evaluation of newly diagnosed hypertensive pediatric patients (generally only before medication initiation), along with a revised definition of left ventricular hypertrophy. These guidelines include 30 Key Action Statements and 27 additional recommendations derived from a comprehensive review of almost 15 000 published articles between January 2004 and July 2016. Each Key Action Statement includes level of evidence, benefit-harm relationship, and strength of recommendation. This clinical practice guideline, endorsed by the American Heart Association, is intended to foster a patient- and family-centered approach to care, reduce unnecessary and costly medical interventions, improve patient diagnoses and outcomes, support implementation, and provide direction for future research.

For the full policy statement, please visit:

<http://pediatrics.aappublications.org/content/early/2017/08/21/peds.2017-1904>

## Contact Us

Questions? Comments? Please contact us at [nevadachapteraap@gmail.com](mailto:nevadachapteraap@gmail.com)



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